

Kid Fitness Orientation Class

This is a mandatory class for youth ages 12-15 who want to use the fitness center equipment and cardio machines. Each participant must be accompanied by at least one parent or legal guardian. Upon completion of the class each participant will be issued a card which you may be required to show within the fitness center. Class has a minimum of four participants and a maximum of eight.

Monday Evenings, 6:00 - 7:00 p.m.

May 9

June 6

July 11

August 8

Pre-registration is required.

Sign up at RiverChase or by calling 636-343-0067

Fees: \$12 Residents/Members

\$14 Non-Members



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